







The environment you want. The care you need.

Maybe you love the bustle of the center of town, with people on the move, cars on the go, business and shopping options close by. When you take a walk, you want to see people, see the world, and connect with your community. We have a residence for you.

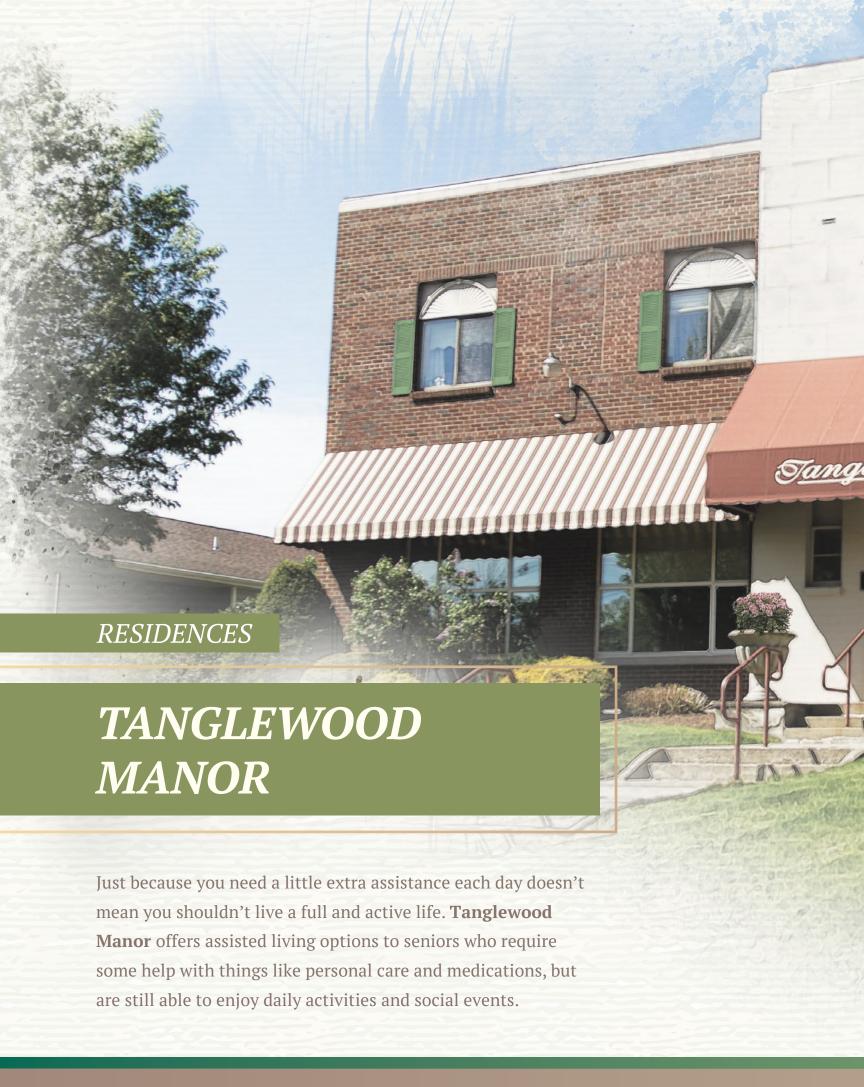
Or maybe you like the calm of a more peaceful location, with lush trees, the sounds of nature and the smell of fresh air. When you take a walk, you want to enjoy the beautiful world around you and connect with your own thoughts or a friend. We have a residence for you, too.

Whether you're looking for bustle or calm, rural or city, total independence or a little extra help, The **Tanglewood Group** has the right place for you.

The Tanglewood Group is proud to accept long term care insurance, and residents stay put as they spend-down for Medicaid - so no matter your level of care, or your budget, you'll fit in here.

Look forward to your future again with The **Tanglewood Group**.









Tanglewood Manor gives you and your loved ones the peace of mind that you're in a safe environment, surrounded by staff who treat you like family and friends who share your interests.

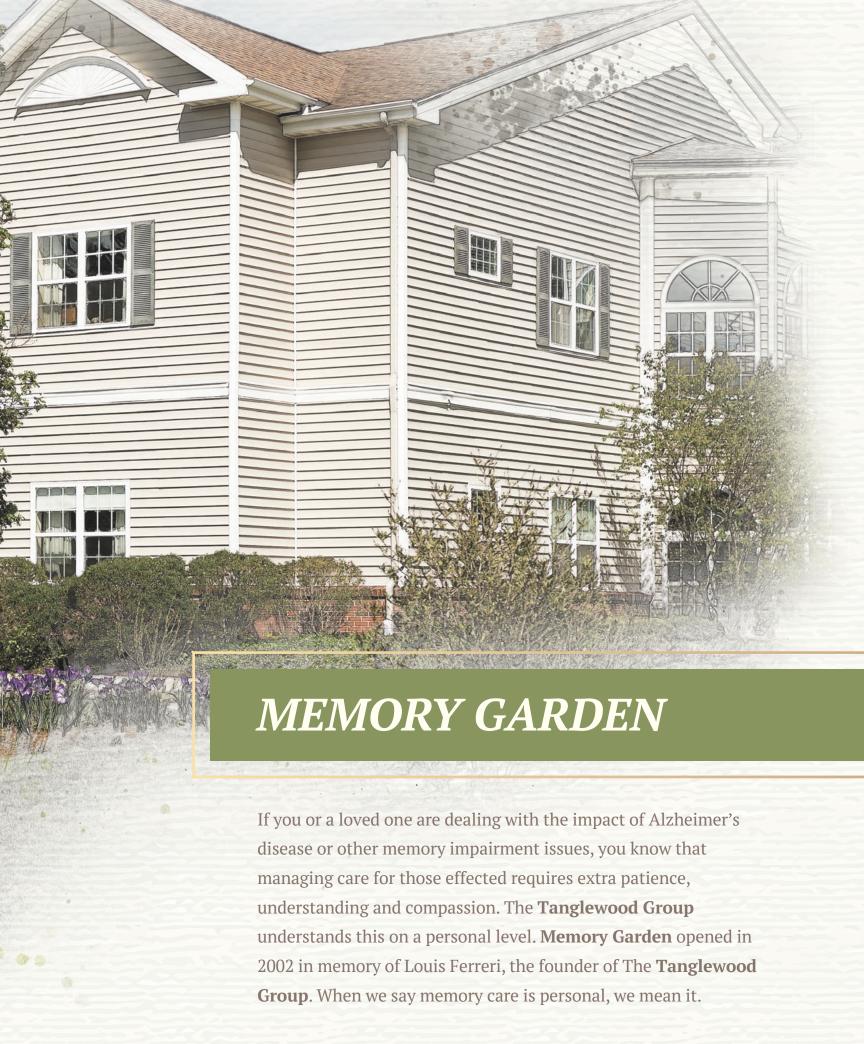
With over 100 weekly hours of scheduled activities, our residents find it's easy to devote time to a favorite hobby, or even to develop a new one! Whether you

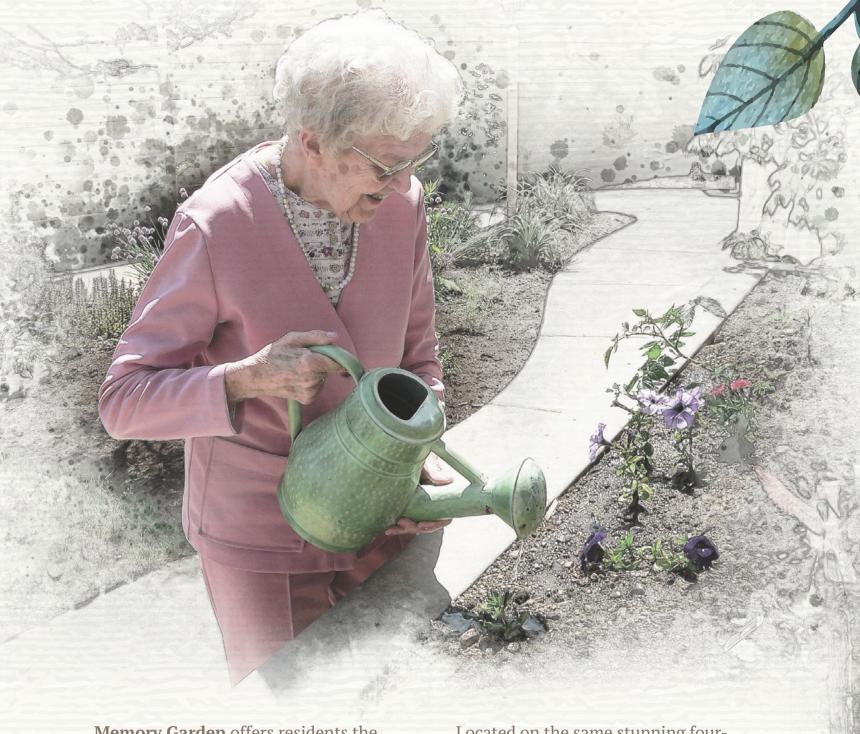
enjoy gardening, fishing, sports or other games, there's always something to get involved in at **Tanglewood!**

Set on a beautiful four-acre park, **Tanglewood Manor** has a fishing pond,
picnic pavilion and paved nature trails
that let you and your visitors safely
enjoy life in the great outdoors!



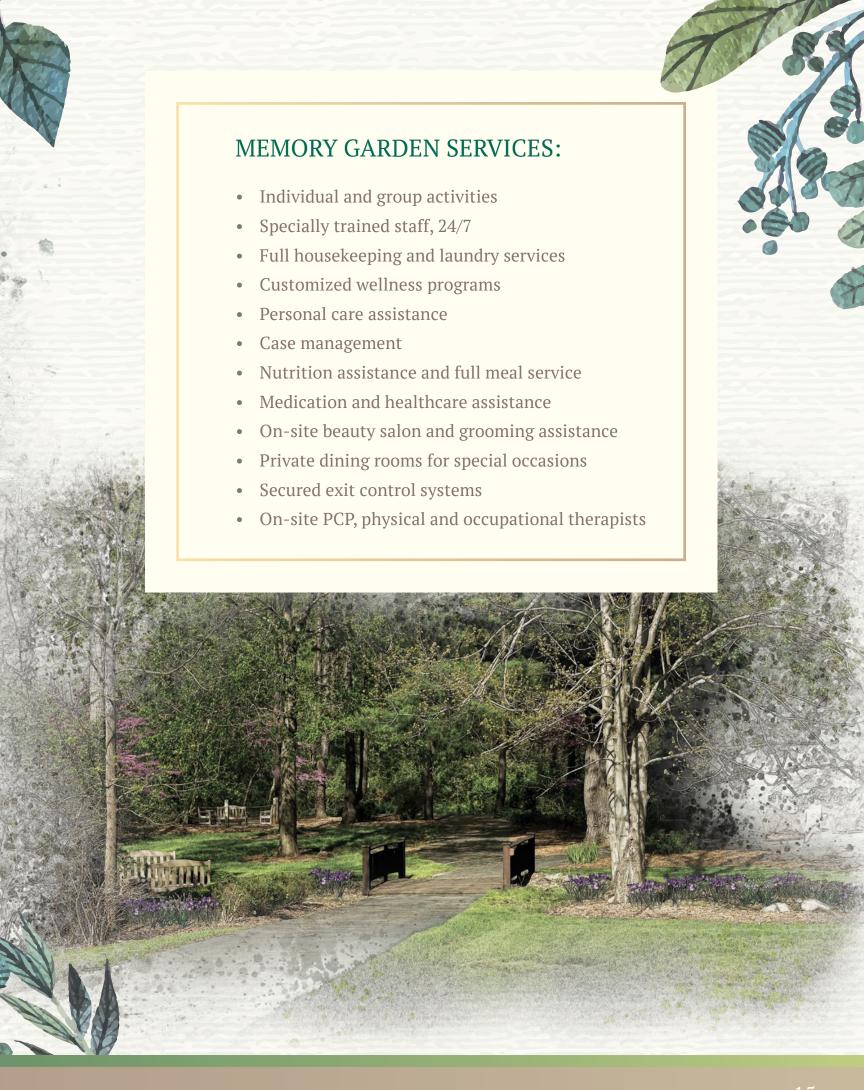




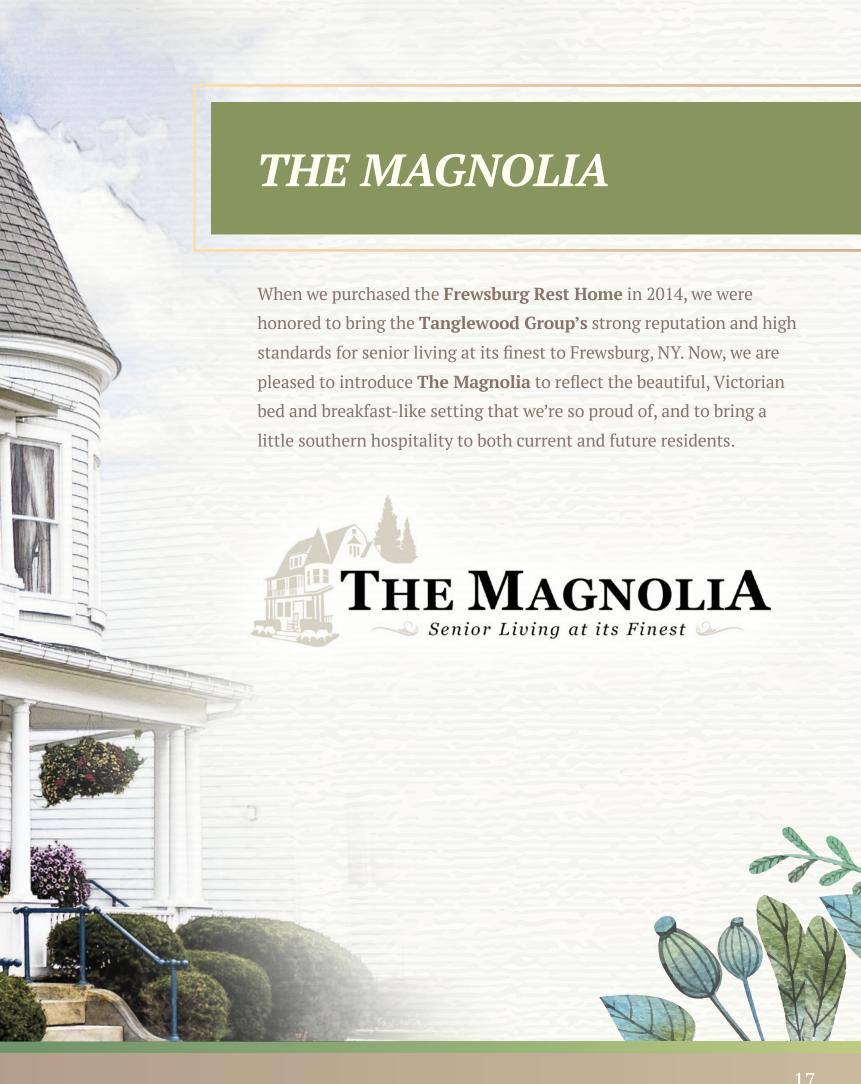


Memory Garden offers residents the opportunity to feel independent while maintaining a high level of safety and care. Our staff members undergo special training in caring for those with memory impairments, and we offer a variety of services and activities specifically designed for the enjoyment and comfort of Memory Garden residents.

Located on the same stunning fouracre park as **Tanglewood Manor**, **Memory Garden** also features enclosed courtyards with gardens and walking paths, as well as indoor lounges and large group activity areas.





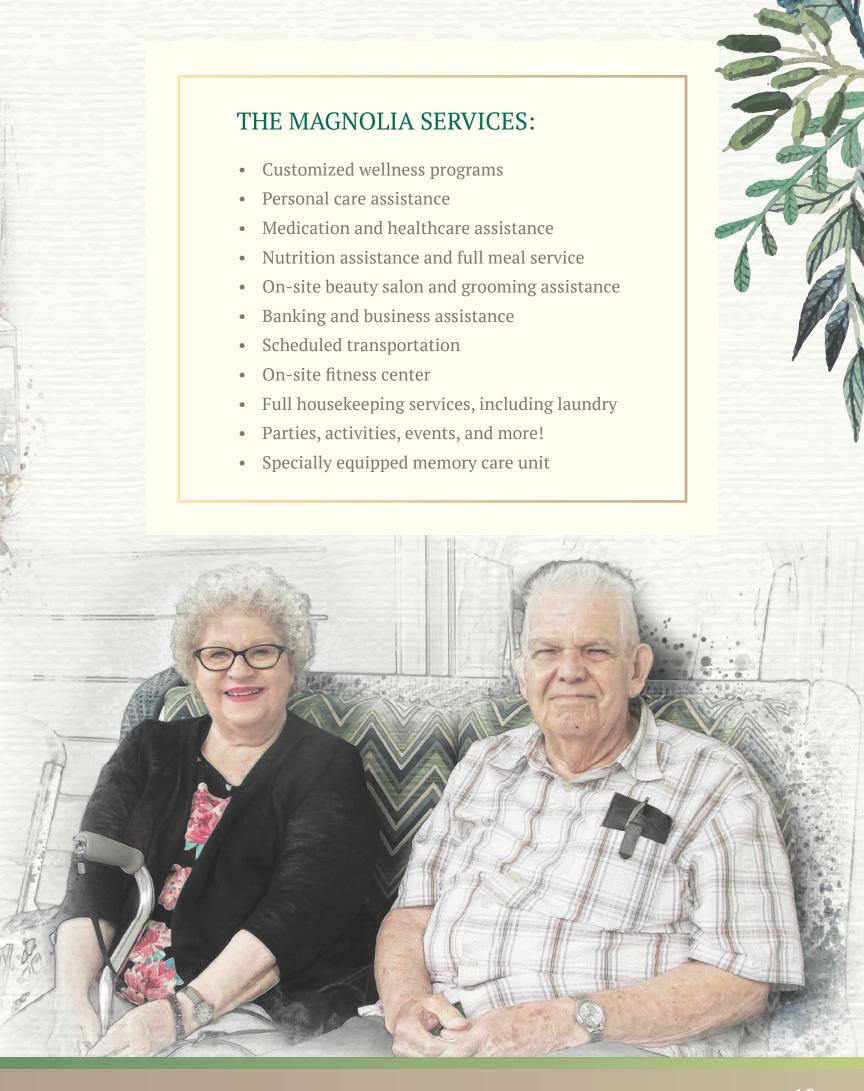


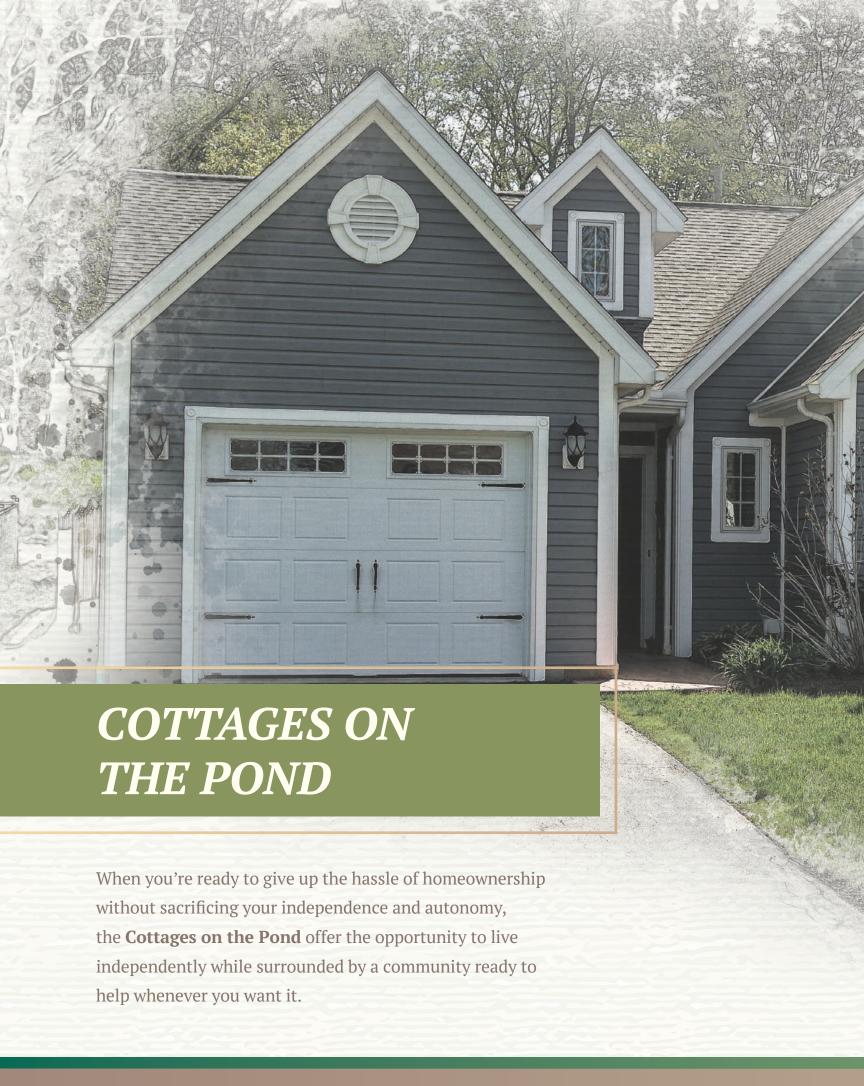


The Magnolia offers personalized care that promotes independence among its residents while encouraging a family-style environment. With outdoor walking paths and on-site exercise facilities, you'll be able to stay active with friends and family, or enjoy the calm and quiet of our serene location.

The Magnolia offers a variety of services and activities that encourage you to continue your mastery of an old hobby or try your hand at something new.

If you need a little extra assistance each day but want to stay in control of your future, The Rest Home offers you the best of both.









When you're a resident of the Cottages, you enjoy the comfort of knowing that maintenance is taken care of, and you can spend your time doing what you enjoy. Cook meals at home, or have meals with others at the **Tanglewood**Manor dining room. Tidy up the house yourself, or let **Tanglewood** staff take care of housekeeping.

The Cottages on the Pond are located in the same beautiful four-acre park as Tanglewood Manor. Come and go as you please – you can even bring beloved pets. And while you're here, rest assured that you're part of the Tanglewood community of support.



- Private residence
- 2 bedrooms, 2 baths
- Attached heated garage
- Cable TV, phone and Internet available
- Utilities included

- Washer and dryer
- Stainless steel kitchen appliances
- Wood floors
- Working fireplace
- Deck or patio
- Heated floors

COTTAGES ON THE POND SERVICES:

- All services offered at Tanglewood Manor
- Home maintenance (lawn care, snow removal, repairs, garbage, etc.)
- Optional housekeeping services
- Optional meal services
- Personal care and medication assistance available
- Transportation services
- Pets welcome!



FIELD OF DREAMS

Relish in life's more relaxed moments surrounded in your very own Field of Dreams at Tanglewood's newest location. Field of Dreams is the perfect place for peace of mind for your future.









This 140-bed assisted living facility features memory care and non-memory care assisted living, with a resident bank, fitness center, beauty shop, and more – all available at your convenience.

Imagine a field of wildflowers elegantly dancing in the wind, as the hills roll gently behind. Beautiful. Peaceful. Serene.

Imagine an upscale country homestead, sprinkled with amenities

designed to make your life easier and inherently more enjoyable.

Enjoy gardening and the tilling of the fields during spring. Spend afternoons strolling through tranquil courtyards or catch a reflection off a placid pond during the long days of summer. Find peace in the beautiful fall colors of the surrounding hills, and comfort near the cozy fireplace during the cold winter months. It is easy to see why **Field of Dreams** is a lovely place to call "home" all year long.





FIELD OF DREAMS FEATURES:

- Specialized memory care
- On-site doctor's office/exam room
- Telemed office
- Great room
- Chapel

- Cafe
- Beauty shop
- Fitness center
- Business offices
- Resident bank
- Outdoor Courtyards



TANGLEWOOD DAY & RESPITE SERVICES

The **Tanglewood Group** understands that sometimes, you just need a break. If you're the primary caregiver of a senior, you might struggle to find time for yourself. And if you're a senior, sometimes you simply need time to have a little fun and socialize with your peers.

That's why we offer day services and respite care. Visitors will receive the

Tanglewood staff prides themselves, while caregivers can take a muchneeded day off. And while all of our assisted living properties — Tanglewood Manor, Frewsburg Rest Home and Memory Garden — offer short-term, daily respite care services, we have several properties and programs dedicated solely to non-residential, daily assistance and socialization.





Come for today, any day. If you're not ready for a full-time change but would relish a chance to get out of the house and enjoy time with friends, **Comfort Today** is a day and respite service that offers visitors many of the same great services and benefits enjoyed by residents, as well as:

- Coffee with friends old and new!
- Breakfast and lunch
- Exercise opportunities and programs
- Games and recreation
- Salon and spa services
- Trained Tanglewood staff supervising and monitoring each visitor and each activity.

Walk-ins welcome, or schedule your visits in advance. Call **716-338-0500** to schedule or for more information.



Partners in Care is a homecare respite program designed specifically for families effected by Alzheimer's disease or dementia. Specially trained staff from **Memory Garden** will visit your home and assist with personal care, safety and socialization, giving caregivers a break without having to worry about their loved one.

- Hygiene assistance
- Supervision and safety monitoring
- Socialization
- · Activities of daily living
- Personal care assistance

Call 716-488-9434 for more information and scheduling.

FRIEND FOR A DAY

Some days, you just need a little extra help, or someone you can call to keep you company during an appointment. **Friend for a Day** offers friendship and assistance with everyday tasks, such as:

- Grocery shopping
- Meal preparation
- Laundry and household chores
- Games and recreation
- Conversation and coffee/tea
- Appointments and errands

Call 716-483-2876 for more information and scheduling.









560 Fairmount Avenue WE Jamestown, NY 14701 716-483-2876

Memory Garden

560 Fairmount Avenue WE Jamestown, NY 14701 716-488-9434

The Frewsburg Rest Home

106 West Main St. Frewsburg, NY 14738 716-569-3095

Day Services Contact

Comfort Today

17 Gifford Avenue WE Jamestown, NY 14701 716-338-0500

Friend for a Day

560 Fairmount Avenue WE Jamestown, NY 14701 716-483-2876 Gifford Avenue WE Jamestown, NY 14701 716-488-9434

Field of Dreams

3260 N. 7th Street Allegany NY 14706

Partners in Care

560 Fairmount Avenue WE Jamestown, NY 14701 716-488-9434

